



Bradwell Juniors

We are very proud to be hosting the English Junior Championships as well as the U20 English international selection race at Bradwell on Saturday 10th July.

Please read these joining instructions to help you plan your day and keep yourself and others safe, and to make your trip to Bradwell memorable and fun.

Please read the current FRA Covid guidelines on the Fellrunner website (<https://fellrunner.org.uk/covid.php>). You should use your own judgement whether you wish to attend the race or not.

- 1. Race HQ & Car Parking** is at the Bradwell Sports Club, S33 9JT /// expel.broccoli.hardly ///. Enter opposite the Samuel Fox Country Inn. It will be well signed for traffic on the B6049. There will be ample parking on site and a **charge of £2 per car** will be collected by the Bradwell Junior Football Club. Please follow the marshals' instructions on arrival. If the parking area is full when you arrive you will be directed to park elsewhere. The parking provision will open at 10.00am. Please ensure you have the CORRECT CHANGE READY, there will be lots of vehicles arriving within a very short space of time.

There is a NO DOGS policy at Bradwell Sports Club, or out on the race routes. Please respect this restriction and leave your dog at home.

2. Registration

There will be NO REGISTRATION ON THE DAY. Collect your race bag containing race number, pins and timing band once you leave the parking area. Club tents, flags, etc can be erected between the road and the MUGA sports area– please check with a marshal. Feel free to return to the Parking area to change, etc once you have collected your number. Please follow social distancing guidelines whilst collecting your race number.

Age category race numbers have different colours:

U9	Yellow
U11	Green
U13	Orange
U15	Blue
U17	Red
U19+	Lilac

All **start times** are approximate, but no race will start before the times given.

	Start Field by	Start
U9	10.45am	11.00am
U13	11.05am	11.20 – 11.25am
U11	11.10am	11.25 – 11.35am
U17/U19/U20	12.45pm	1.00 – 1.05pm
U15	12.50pm	1.05 – 1.10pm

All races will start & finish in the same field which is a 10 minute walk from the parking and refreshments area. Please ensure that your U9s are assembled in the Start field by 10.45am at the latest.

Depending on size of entry, we will be having one start per age category, split by gender, with boys setting off first followed by the girls. The process will be to arrive in the start/finish field and enter the pre-start area when your race is called. At this point your wristband will be scanned. **Once you have been scanned, you will not be able to leave the pre-start area, as you will have been counted and registered as starting the race. The long start line will be marked out at intervals to maintain a safe distance from other competitors.**

Your finishing time will be recorded when you cross the finishing line, and your wristband will then be downloaded. **Whilst in the finish funnel, please ensure you maintain a safe distance from other competitors and stay in the order you finished in. Put your buff/mask back on. Once you have removed your timing band, please make your way out of the field.**

3. The race routes - All race routes are fully marked. As well as marshals out on the courses, each race will be followed by a sweeper. There may well be **livestock** in fields that you cross. They are likely to move away from the race route but be respectful of them at all times. Only use **gates and stiles** to cross boundaries & walls. Under no circumstances should anyone climb any walls or fences, either out on the course or in the Start/Finish field. Failure to respect this instruction could affect our ability to hold the race in future years.

4. Kit requirements

NO FRA Kit. Our only requirement is that you wear or carry a buff or face covering.

5. Toilets

- a) There will be two toilets available inside the Sports Pavilion – please wear a face covering and follow the one-way system.
- b) There will also be two toilets outside the sports pavilion. Please use hand sanitiser before and after your visit and maintain social distancing /use face coverings whilst queueing.
- c) There will be one toilet in the start/finish field which is for the use of competitors and organisers. The same hygiene rules apply here.

6. Refreshments

- A) Adjacent to the car park and Sports Pavilion, the EPIC pizza van will be offering hand crafted pizza to order and other hot food and drinks - please adhere to social distancing whilst queueing.
- B) World famous Bradwell's Ice Cream will be available on the field for those needing to cool down, being sold by and on behalf of Bradwell Guides – please support them.

7. Spectating

Spectating in small groups is permitted, with parents/guardians evenly spaced and maintaining a 2m distance between groups. Spectators must at all times ensure that the safety of participants is not put at risk and should minimise any shouting or raising of voices. The start/finish field is primarily for competitors and officials and no tents or flags can be erected here. You can have a club tent in the area on the sports field between the Car Park and Sports Pavilion if needed to act as a changing room. As mentioned earlier, once you or your junior athlete finishes their race, please make your way from the start/finish field, returning to the Sports field to free up space for competitors in the next race.

We hope you enjoy your day in Bradwell, that you find our race routes challenging enough and will come back in more normal times. The normal Bradwell Fell Race will be open to U19 and Adults and use the same race route at 7.30pm on 3rd August 2021, during the Wakes week celebrations – come back and try it. If you have any questions at all, please drop me a line at g.rimmer461@btinternet.com and we'll help out if we can.

I would like to take this opportunity to thank the FRA and in particular Helene Whittaker, your Junior co-ordinator, for helping to make this event happen, and also Duncan Richards, Chair of the International Selection committee.

But this event could not happen without all our volunteers from the village, from Dark Peak and Buxton AC, all the marshals, Chris at **360 events** and of course, you the runners.

And thank you to the landowners allowing us to cross their fields today, and to Bradwell Sports Club for allowing us to host the event here.

To our championship sponsor **Pete Bland Sports** who can't get here this weekend due to prior commitments... thank you Matt for your continued support.

Thanks

Greg Rimmer