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## The Reverse Half Tour of Bradwell – Route Description

This document is provided to assist you in navigating your way around the race route safely and is to be read in conjunction with the supplied Race Map.

### To Checkpoint 1

From the start follow the flags through the field. Continue up to the next gate and follow the wall up the left edge of the steep field to emerge through a gate onto Brough Lane (track). Turn Right. Continue on this track as it climbs and bends leftwards around the head of Overdale where the angle eases and you get to punch at CP1 on the small bridlegate, just where the Abney track joins **NB: Not the wide gate and stile**. Close it behind you.

### Checkpoint 1 – 2/3

Now you may get a view of the route ahead. Continue on the main track passed the mast, then start the track descent into Shatton. At the bottom of the hill, turn Right and follow the road through Shatton to the road crossing. Once you have punched, your timer stops to allow you time to cross the road safely – it resumes again when you've crossed the road and punched the control on the gate, Checkpoint 3.

### Checkpoint 3 – 4

Pass through the gate, pass under the railway line and turn immediately left on the footpath which follows the edge of the field to the Quaker House. Turn Left and then Right to pop out on the disused railway line, the DVH Way. Follow this, crossing the road at Thornhill, for just over 2K to the Ladybower reservoir dam wall and continue on the Left bank for approx 200m to turn Left on the footpath uphill towards New Barn. Follow this uphill to the gateway, Checkpoint 4.

### Checkpoint 4 – 5

Turn Left on the track and follow it gently uphill through the woods. Stay on this main path and where it levels continue straight on across Parkin Clough, over the stile and out of the trees. Follow the path contouring the hillside - at the dry ditch turn sharply right uphill. At the water trough turn Left and at the finger post fork Right following the footpath to Aston, round the hill to descend steeply to the biggest wall stile in the world! Up and over and down the fields below to reach the road at Aston. Traffic! Turn Right on the road and follow it passing Birchfield Hall to the next Right turn, along the drive to Farfield Farm. Keep straight on, under the railway line, past the cemetery to turn Left on the road to emerge at Killhill Bridge. There's no checkpoint here this time so carry on to the Edale road, turn Right and follow this to the Losehill Hall road. Take this Left turn and follow the road up to reach the footpath heading up Lose Hill to the summit, Checkpoint 5.

### Checkpoint 5 – 6

Follow the ridge line path descending at first to climb back up to Back Tor, then descend to Back Tor Nook. Take the stile on the left and almost immediately head off downhill, diagonally leftward, through a coppice and down to follow the sunken path down to the Hollowford Road. Follow this all the way into Castleton. Taking care with traffic, continue in the same direction, joining the A6187 for 50m to then leave it at the next bend – up the side

of the Old Nags Head - and just keep straight on. 100m further you come into the square and at the top corner of this is the footpath entrance to Cave Dale. Follow this uphill through the dale, to where it is grassy and open and the Limestone Way path cuts up and leftwards over the stile to meet the Dirlow Rake track at Checkpoint 6.

#### Checkpoint 6 – Finish

Nearly there! All the uphill done, now head for home. Turn Left on the track and follow it along and then downhill (care, loose underfoot) to a junction with the minor road, continue down this for 200m and at the left bend take the footpath straight ahead down into Pindale. Follow the Pindale track (care, loose) down past the cottages at the bottom end and as you reach the road, turn right on the bridleway through the Hope cement works back to Bradwell. When you come out onto the road at the bottom of Smalldale, turn Left down Michlow Lane to a junction with the Main Road. Cross this with care and continue to the finish at the Sports Club 200m on the Right.

Well done! 28km and 1080m of ascent.