

Winter Half Tour of Bradwell 2023 - Final instructions for Runners

CAR PARKING - ALLOW TIME AND CAR SHARE

Please arrive in good time at the event Car Park. Both car parks are a 5 minute walk to registration.

Parking is limited, arrange to share lifts, park in neighbouring villages and share from there. Follow the marshals' instructions for parking please and when the car park A is full you will be directed to car park B (see map on <https://tourofbradwell.co.uk/winter-half/>)

If both car parks fill up, you will be directed to park responsibly elsewhere in the village.

TOILETS and REFRESHMENTS

There are three toilets – two inside the Sports Pavilion and one outside

After the race there will be free tea and coffee. The Brownies will be selling soup so bring some change with you

REGISTRATION and START TIMES - IF YOU'RE GOING TO BE SLOW SET OFF EARLY

Registration is based at the Bradwell Sports Club pavilion and will again be self-service. You can collect your number, dibber and race map from 8.15 until 9.45am. The start is 10 minutes down the back lane behind the pavilion.

You can start anytime between 9.00am and 10.00am.

If you anticipate taking longer than 4 hours on the route, set off early.

The Finish will close at 14.00pm. If you arrive at the Finish after this time you will DNF in the results.

When you are ready to set off make your way to the start, following the signage/tapes. You will need to show your number, dib in the Pre-start box before dishing the Start box and setting off.

Plan your journey according to your anticipated start time. There could be a lot of people arriving at the same time, so when you have collected your number and your dibber please make space for others.

Kit check – NO KIT, NO RUN

Remember kit requirements will be for full FRA kit as per the website list. As the weather forecast is okay, we are not asking you to carry additional kit, just the FRA minimum.

No Kit, No Run. Random kit checks will take place to ensure that you have with you all required equipment on the list, remind yourself on our website <https://tourofbradwell.co.uk/winter-half/>

Without your kit it could be a long way to come not to get a run.

Please note: The compass on your phone DOES NOT fulfil the requirement for a compass!
You need a proper compass

GPS ARE NOT ALLOWED FOR NAVIGATION

None of the checkpoints are marshalled and the checkpoints must be visited in order. As a safety check we can follow your progress by the checkpoints you dib but only if you visit them.

NB: At the Bamford main road, Checkpoint 2 stops the clock and Check Point 3 restarts the race clock. This allows you to cross the road in a short untimed section. This is for safety and IT IS NOT AN EXCUSE TO STOP AND REST/ WAIT FOR A MATE. We can see the length of your stay in this section. If you spend too long 'resting' we will add the time back to your race time. Other runners have the right to report you for gaining an unfair advantage.

Anyone failing to follow the marshals' requests/instructions will be disqualified.

PRIZES and RESULTS

Thanks to our sponsors: Outside in Hathersage and Rab in Alfreton (and the rest of the world)

The Winter Half Tour is part of the Outside Winter Race Series

<https://www.outside.co.uk/outside-winter-race-series>

Given the long start window and the length of the race, there will be no presentation of prizes to category winners on the day. Once you are finished you are welcome to cheer on other runners, but you don't have to hang around if you need to get on. All winners will receive our sponsors generous prizes through the post. Your finishing time will be available at the finish with full results showing runner category, position, etc, available on the Tour of Bradwell website at the conclusion of the day.

Currently the weather forecast is ok. Overcast, light winds, cold to start with but warming up by lunch time.

Greg and Richard